



CMS Plan Care Connection

Children's Medical Services Managed Care Plan (CMS Plan) is a health care plan for children with special health care needs offered by the Florida Department of Health.

Check-Ups Are Important

All children need check-ups. These are called well child checks. Sometimes it is hard to remember to schedule these. If your child sees lots of doctors it can be even more difficult to remember.

The CMS Plan covers check-ups. At a check-up, your child's main doctor spends extra time on things that are not part of their specialty visits. They look at the big picture of your child's health in a check-up visit. They can help manage your child's total health.

Your child should have regular check-ups, even during their teenage years. Does your child need one? Please call your child's main doctor (Primary Care Provider or PCP) to schedule a well child check. You can ask your CMS Nurse Care Coordinator to help you with this as well.

Ways to Stay Healthy

Any time can be a healthy time of year for your family! Some of the best ways to stay healthy are also the simplest.

With the CMS Plan, you can help your children avoid certain health problems.

Tips to keep your family healthy:

- Shots are important and are covered by the CMS Plan.
- Regular check-ups are also important. These are covered by the CMS Plan.
- Hand washing with soap is one of the best ways to avoid getting sick. Teach your children to wash their hands before eating and after using the bathroom.
- Dental visits are important, too. Check-ups, fillings, and other dental needs are covered by the CMS Plan.





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Getting Prescriptions Filled

Did you know that if your child has KidCare, you need to have your child's social security number handy when you go to the pharmacy?

This is how the store is able to find your child's records. This is not on your child's CMS Plan membership card.

If you are at the store and have any trouble getting a prescription filled, the pharmacy should call **1-800-788-2949 for KidCare** (Title 21) members.

They should call **1-800-603-1714 for Medicaid** Managed Care (Title 19) members.

Travel Tips for Staying Safe

A lot of people travel. Some are going to see their family. Others are getting away for a few days. If you are traveling a short distance or a long distance, be sure to keep your family safe.

The American Academy of Pediatrics (AAP) has some good advice. Their website for parents is www.healthychildren.org. It has a safety section. This section has lots of information on different safety topics.

There is an article on car seats. It helps parents understand the best ways to install car seats. You can read the information or listen to it by clicking on the Listen icon. The article is also available in Spanish.

Update Your Address if You Move

When your family moves, let us know. If your child receives Medicaid benefits (Title 19), please go to <http://www.myflorida.com/accessflorida/>.

Click on the link in the blue box in the middle to, "Login or Create Your MyACCESS Account." **You can also call** the Department of Children and Families at (866) 762-2237 to let them know.

If your child receives KidCare benefits (Title 21) please visit <https://www.healthykids.org/account/> or call Florida HealthyKids at (888) 540-5437.

Your child's program is listed at the top of their CMS Plan membership card. You can also call your CMS Plan Nurse Care Coordinator.





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You Can Help Prevent Fraud and Abuse

Fraud and abuse costs the people of Florida a lot of money. This makes it hard to pay for health care. You can help prevent fraud and abuse:

- Pay attention to your doctor's notes. If a doctor bills for services your child did not receive, this may be fraud.
- Do not let anyone use or "borrow" your insurance card; this is fraud.
- Be sure to report anyone who wants to make special, private deals that involve your child's health care or ID number. This is likely fraud.
- If you are a CMS Plan Ped-I-Care member, call (866) 787-4557 if you think there is fraud or abuse going on. If you are an CMS SFCCN Plan member, call (855) 843-1106. You don't have to give your name. You may get a reward.

Call member services (SFCCN, 866-209-5022 or Ped-I-Care, 866-376-2456) if you need information in another language, large print, video, audio or Braille.

Rele gratis, si ou bezen enfamasyonsa an Kreyol. Por favor llamar a Servicios de Miembro para asistencia en Español u otro idioma.

No hay costo por este servicio.



Member Services: (866) 209-5022
<http://www.sfccn.org>



Member Services: (866) 376-2456
<http://pedicare.pediatrics.med.ufl.edu>

